

The Rock Creek Nature Trail ambles along picturesque little Rock Creek in the yellow pine belt of the Tahoe National Forest. The relatively level, well-marked trail is easy to walk and forms a loop of about 3/4 of a mile, most of it shaded by tall trees. The elevation is around 3,500 feet.

The cool, damp environment is responsible for a few plants being found there that are more typically found farther north and/or at higher elevations. Examples include Western Yew and Twinflower.

Revised after field trip - **May 17, 2003; Chet Blackburn, Redbud Chapt., CNPS**

TREES AND SHRUBS (over 3 ft)

<i>Abies concolor</i>	White Fir	PINACEAE
<i>Acer macrophyllum</i>	Big-leaf Maple	ACERACEAE (
<i>Alnus rhombifolia</i>	White Alder	BETULACEAE
<i>Arbutus menziesii</i>	Madrone	ERICACEAE
<i>Arctostaphylos viscida</i>	Manzanita	ERICACEAE
<i>Calocedrus decurrens</i>	Incense Cedar	CUPRESSACEAE
<i>Ceanothus integerrimus</i>	Deer Brush	RHAMNACEAE
<i>Ceanothus prostratus</i>	Squaw Carpet, Mahala Mat	RHAMNACEAE
<i>Cornus nuttallii</i>	Mountain Dogwood	CORNACEAE
<i>Cornus sessilis</i>	Blackfruit Dogwood	CORNACEAE
<i>Corylus cornuta v. californica</i>	California Hazelnut	BETULACEAE
<i>Pinus lambertiana</i>	Sugar Pine	PINACEAE
<i>Pinus ponderosa</i>	Ponderosa Pine, Western Yellow Pine	PINACEAE
<i>Pseudotsuga menziesii</i>	Douglas Fir	PINACEAE
<i>Quercus chrysolepis</i>	Canyon Live Oak, Maul Oak	FAGACEAE
<i>Quercus kelloggii</i>	California Black Oak	FAGACEAE
<i>Rhododendron occidentale</i>	Western Azalea	ERICACEAE
<i>Ribes nevadensis</i>	Sierra Currant	GROSSULARIACEAE
<i>Ribes roezlii</i>	Sierra Gooseberry	GROSSULARIACEAE
<i>Rosa sp?</i>	Wood Rose	ROSACEAE
<i>Taxus brevifolia</i>	Western Yew	TAXACEAE
<i>Toxicodendron diversilobum</i>	Poison Oak	ANACARDIACEAE

FERNS

<i>Athyrium filix-femina</i>	Lady Fern	DRYOPTERIDACEAE
<i>Pteridium aquilinum v. pubescens</i>	Bracken Fern	DENNSTAEDTIACEAE

ANNUALS, PERENNIALS, VINES, SHRUBLETS

<i>Adenocaulon bicolor</i>	Pathfinder, Trail Plant	ASTERACEAE
<i>Agoseris sp?</i>	Agoseris	ASTERACEAE
<i>Apocynum androsaemifolium</i>	Bitter Dogbane, Mountain Dogbane	APOCYNACEAE
<i>Aquilegia formosa</i>	Red Columbine	RANUNCULACEAE
<i>Aralia californica</i>	Spikenard, Elk Clover	ARALIACEAE
<i>Asclepias cordifolia</i>	Purple Milkweed	ASCLEPIADACEAE
<i>Boykinia occidentalis</i>	Brook Foam	SAXIFRAGACEAE
<i>Brassica rapa</i>	Field Mustard, Wild Turnip	BRASSICACEAE
<i>Calystegia malacophylla</i>	Sierra Morning Glory	CONVOLVULACEAE
<i>Campanula prenanthoides</i>	California Harebell	CAMPANULACEAE
<i>Cephalanthera austiniiae</i>	Phantom Orchid	ORCHIDACEAE
<i>Chamaebatia foliolosa</i>	Mountain Misery	ROSACEAE
<i>Chimaphila umbellata</i>	Prince's Pine	ERICACEAE
<i>Chlorogalum pomeridianum</i>	Soap Plant	LILIACEAE
<i>Cirsium vulgare</i>	Bull Thistle	ASTERACEAE
<i>Clarkia unguiculata</i>	Elegant Clarkia	ONAGRACEAE
<i>Claytonia perfoliata</i>	Miner's Lettuce	PORTULACACEAE

<i>Collomia heterophylla</i>	Collomia	POLEMONIACEAE
<i>Corallorhiza maculata</i>	Spotted Coralroot	ORCHIDACEAE
<i>Corallorhiza striata</i>	Striped Coralroot	ORCHIDACEAE
<i>Cryptantha</i> sp?	Nieventas, Little Snowflakes	BORAGINACEAE
<i>Delphinium patens</i>	Zig-zag Larkspur	RANUNCULACEAE
<i>Dicentra Formosa</i>	Western Bleeding Heart	PAPAVERACEAE
<i>Disporum hookerii</i>	Hooker's Fairy Bell	LILIACEAE
<i>Epilobium</i> sp?	Willow herb	ONAGRACEAE
<i>Eriophyllum lanatum</i>	Woolly Sunflower	ASTERACEAE
<i>Erysimum capitatum</i>	Western Wallflower	BRASSICACEAE
<i>Galium</i> sp?	Bedstraw	RUBIACEAE
<i>Goodyera oblongifolia</i>	Rattlesnake Plantain	ORCHIDACEAE
<i>Hieracium albiflorum</i>	White Hawkweed	ASTERACEAE
<i>Horkelia tridentata</i>	Forked Tooth Horkelia	ROSACEAE
<i>Iris hartwegii</i>	Hartweg's Iris, Sierra Iris	IRIDACEAE
<i>Lathyrus nevadensis</i>	Sierra Nevada Pea	FABACEAE
<i>Lathyrus sulphureus</i>	Sulpher Pea	FABACEAE
<i>Lilium pardalinum</i>	Leopard Lily	LILIACEAE
<i>Linnaea borealis</i> v. <i>longiflora</i>	Twin Flower	CAPRIFOLIACEAE
<i>Lonicera hispidula</i> v. <i>vacillans</i>	Hairy Honeysuckle	CAPRIFOLIACEAE
<i>Lotus</i> sp?	Lotus	FABACEAE
<i>Lupinus latifolia</i>	Broadleaf Lupine	FABACEAE
<i>Madia minima</i>	Miniature Tarweed	ASTERACEAE
<i>Mimulus cardinalis</i>	Scarlet Monkeyflower	SCROPHULARIACEAE
<i>Mimulus guttatus</i>	Seepspring Monkeyflower	SCROPHULARIACEAE
<i>Mimulus moschatus</i>	Musk Monkeyflower	SCROPHULARIACEAE
<i>Mimulus torreyi</i>	Torrey's Monkeyflower	SCROPHULARIACEAE
<i>Navarretia</i> sp?	White Navarretia	POLEMONIACEAE
<i>Nemophila parviflora</i>	Small flower Nemophila	HYDROPHYLLACEAE
<i>Osmorhiza occidentalis</i>	Western Sweet Cicely	APIACEAE
<i>Phacelia cicutaria</i>	Caterpillar Phacelia	HYDROPHYLLACEAE
<i>Philadelphus lewisii</i>	Wild Mock Orange	PHILADELPHACEAE
<i>Piperia unalasciensis</i> (<i>transversa</i> ?)	Slender Spire Orchid	ORCHIDACEAE
<i>Polygala cornuta</i>	Milkwort	POLYGALACEAE
<i>Potentilla glandulosa</i>	Cinquefoil	ROSACEAE
<i>Pyrola picta</i>	White-vein Shinleaf	ERICACEAE
<i>Prunella vulgaris</i>	Self Heal	LAMIACEAE
<i>Ranunculus occidentalis</i>	Western Buttercup	RANUNCULACEAE
<i>Rubus discolor</i>	Himalayan Blackberry	ROSACEAE
<i>Rubus leucodermis</i>	Blackcap Raspberry	ROSACEAE
<i>Rubus parviflorus</i>	Thimbleberry	ROSACEAE
<i>Rumex acetosella</i>	Sheep Sorrel	POLYGONACEAE
<i>Silene bernardina</i>	Mountain Champion	CARYOPHYLLACEAE
<i>Silene californica</i>	Indian Pink	CARYOPHYLLACEAE
<i>Smilacina racemosa</i>	False Solomon's Seal	LILIACEAE
<i>Symphoricarpos</i> sp?	Snowberry	CAPRIFOLIACEAE
<i>Tellima grandiflora</i>	Fringe Cups	SAXIFRAGACEAE
<i>Trientalis latifolia</i>	Pacific Starflower	PRIMULACEAE
<i>Trillium</i> sp?	Sierra Trillium	LILIACEAE
<i>Triteleia ixioides</i>	Pretty Face, Golden Brodiaea	LILIACEAE
<i>Verbascum thapsus</i>	Woolly Mullein	SCROPHULARIACEAE
<i>Veronica</i> sp?	Speedwell, Brooklime	SCROPHULARIACEAE
<i>Viola glabella</i>	Stream Violet	VIOLACEAE
<i>Viola lobata</i>	Pine Violet	VIOLACEAE
<i>Viola purpurea</i>	Mountain Violet	VIOLACEAE
<i>Viola sheltonii</i>	Shelton's Violet	VIOLACEAE