

Milo Baker Chapter California Native Plant Society

Calendar

3/6	Ice Plant Removal
3/9	Ice Plant Removal
3/13	Ice Plant Removal
3/14	Division Workshop
3/15	Submissions deadline: April Newsletter
3/17	Fairfield Osborn Preserve Hike
3/19	General Meeting
3/20	Ice Plant Removal
3/21	Trione Annadel Hike
3/24	Fitch Mountain Hike
3/27	Ice Plant Removal

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January General Meeting: March 19, 2019 at 7:30 PM.

Join us for our final talk of the six-part series:

**In Our Own Backyards:
The Joys and Benefits of Gardening with California's Diverse
Native Plants**



We'll hold a round table, panel discussion with experienced native plant specialists, including horticulturalists, landscape designers, and experienced native plant garden owners. See you there!

General Meeting Plant Raffle

For 2019 general meetings, any member bringing a non-member to the meeting will receive an extra 5 raffle tickets! Ask when you sign in.



Join us for Dinner before the January Meeting: We'll gather for dinner at 5:45 pm at Kirin Restaurant, 2700 Yulupa Ave. We hope our speakers will join us, but we always have an enjoyable group of fellow members and a delicious Northern Chinese meal in any case. Please contact Liz Parsons at 833-2063 or lizpar8993@aol.com before noon on the day of the meeting, if you plan to attend.

General Meetings are held at 7:30pm on the 3rd Tuesday of the month at Luther Burbank Art & Garden Center, 2050 Yulupa Ave, Santa Rosa. Milo Baker Chapter Board meetings start at 7 pm, 2nd Tuesday nine months of the year, Environmental Center, 55 Ridgeway Ave, Ste A, Santa Rosa. **The next Board meeting is March 12th.** Anyone interested in the work of the chapter is welcome to attend!

Chapter News

A Message from our Chapter President

As we approach peak wildflower season, there is so much to see and enjoy. Once in a while it's good to review the CNPS mission: To conserve California native plants and their natural habitats, and increase understanding, appreciation and horticultural use of native plants (cnps.org).

In Sonoma County we have such diverse habitats that there is seemingly always something interesting to find, whether in the wild or in our gardens. For example, in the oak woodlands near my home there are hound's tongues (*Cynoglossum grande*), manzanitas and mission bells (*Fritillaria affinis*). This month the trilliums (*Trillium cholopotalum*) will bloom amid fresh new growth of maidenhair (*Adiantum jordanii*) and goldback (*Pentagramma triangularis*) ferns. Soon the blue dicks (*Dichelostemma capitatum*) and lupines will pop up everywhere in sunny grasslands.

This rainy year should make for a wonderful spring of flowers to photo, note in journals and simply to enjoy their fragile loveliness.

🐦 Wendy Smit
Milo Baker Chapter President



https://commons.wikimedia.org/wiki/File:Pentagramma_triangularis_1.jpg

Plant Sale Update

Division Workshop

We will hold our annual division workshop on Thursday, March 14, 1 pm to 4 pm. The workshop will be held at our new Laguna facility. Only those members who have been through the training with Betty Young can work in this facility. On Wednesday, March 13 at 10:30 am we will meet at Liz Parsons' garden to dig up the plants that we will use in the division workshop. These plants will be processed to make sure that they have no Phytophthora spores before we take them to our secure Laguna shade house. If you have any questions, call Liz at 833-2063.

🐦 Liz Parsons
Vice President

Eco-Friendly Garden Tour

CNPS volunteers,

It's that time again for the Garden Tour. We hope you had fun before and want to help again. We need everyone's support to help inspire our neighbors about native gardening.

The Eco-Friendly Garden Tour is Saturday, May 4, 10am - 4pm. There will be two shifts: 9:30 to 1 and 1 to 4:30. The website is at www.savingwaterpartnership.org/eco-friendly-garden-tour/. However, do not register yet. If you sign up to help, you will be sent a special link for volunteers.

The volunteer opportunities are as Garden Docent, Parker, Greeter, and Plant Sale Cashier. In addition, you can also volunteer to help groom and weed gardens before the tour.

We have lovely native gardens in Sonoma, Kenwood, Santa Rosa and Sebastopol this year.

There will be a plant sale at the Laguna Environmental Center, like last year.

If you know someone that would like to help, please invite them. No qualifications needed for cashier, parking or weeding.

If you can participate the day of the tour, please send me an email at martselb@sonic.net or call me at (707) 538-9679 as soon as possible. Please answer the following questions:

1. What would you like to do this year?
(Docent, Parker, Greeter or Cashier or any)
2. If you have a preference for area; Sonoma, Kenwood, Santa Rosa, Sebastopol. We will try to accommodate you.
3. Which shift would you prefer?
4. Do you have an Eco-Friendly t-shirt? If not, what size t-shirt should we order?
(Womens: S, M, L or XL or Mens M, L, XL)

The weeding team never works more than 2 hours at a time. It's a great way to get a sneak peek at the gardens. If you can help with weeding, before the tour, contact Penny Dalton, pdalton488@gmail.com or 829-1586. Let her know:

1. Day of the week you could help; Monday afternoon, Tues morning, Thursday morning, Friday morning or afternoon.
2. If you have a preference, the city in which you would like help.

If you know of someone who you think might want to volunteer, please send me their contact information. (Committee member need not respond, unless t-shirt needed.)

Thanks so much for helping with this important event,

🍷 Sandy Martensen
Garden Tour Committee Secretary

Horticulture Committee

The Sonoma County Living Learning Landscapes demonstration garden project at the Santa Rosa Junior College is underway.

Over the next year four 100% California native demonstration gardens will be installed, each with attached free downloadable planting and irrigation plans. Come see the gardens, pick the one you like, download the free plan and do it yourself or have a professional install it. All plants will be labeled so it's also a great place to come see these plants in a designed landscape.

In the next few months the project will be eradicating invasives, moving dirt, creating swales and planting California native plants! Every Thursday 11-3 - meet at 1808 Albany Drive, Santa Rosa. For more information, check out the website at LivingLearningLandscapes.com or find the plans on our CNPS Milo Baker website. Save the dates: April 19th 11-3 and April 20th 10-12 for our California Native Planting Party!

🍷 April Owens
Horticulture Chair

Raise Funds for the Milo Baker Chapter while Grocery Shopping!

eScrip is a program where merchants donate a percentage (usually 3%) of your purchase to local schools and nonprofit organizations.

To register: go to escrip.com, choose "Milo Baker-CA Native Plant Society" and complete the enrollment steps. This is an easy way to help support our chapter!



Invasive Plant Committee

Weekly Ice Plant Removal

Wednesdays 9:30-11:30 PM

Doran Beach

One of the most pleasant workdays happens every week – a trip to Doran Beach to pull ice plant. We are clearing out the ice plant that is in the marshland to make room for natives. It is very visual and quite satisfying, with the sound of the waves, birds and foghorn. To join us on a Wednesday, Please text Jan to let her know that you are coming: 707-569-4724.

We'll also meet **2 Saturdays from 10 am to 1 pm- March 9, April 6!**

Meet at Penny's 1201 Garden Lane, in Sebastopol, by 9:00 to carpool OR meet at first parking lot on left after kiosk across from the walking path.

🦋 Jan Lochner,
Invasive Plants Chair

Fieldtrip Report

Armstrong Woods Hike Report

Sunday, February 10, 2019

Venturing out in spite of the threat of rain, our group of 22 was rewarded with crisp but dry weather for our foray into the redwoods. Using the Pioneer Trail, we hiked through the largest Sonoma Co stand of coast redwoods (*Sequoia sempervirens*) that is accessible to the public. We greeted old friends of the redwood understory such as: sword fern (*Polystichum munitum*), redwood sorrel (*Oxalis oregana*), western trillium (*Trillium ovatum*), California hazelnut (*Corylus cornuta* var. *californica*), tanoak (*Lithocarpus densiflora*), and huckleberry (*Vaccinium ovatum*). We had the great benefit of being joined by Larry, a docent of Armstrong Woods, who showed us fairy rings composed of redwood sprouts that have regrown around a long gone

central giant, and burl growths of various types, including “zipper” burls. There were fungi galore, and many bright green mosses experiencing “bryophyte heaven” during this winter of abundant rain.

We had success finding fetid adder's tongue (aka slinkpods, *Scoliopus bigelovii*)! We found two colonies with many flowering and fruiting individuals. The flowers of this unusual lily have an aroma unpleasant to us, but apparently a fine perfume to the fungus gnats that are its pollinators. As the capsule develops, the stem curves toward the ground so that the mature fruit is at ground level. The seeds are distributed by several species of ants, who find a tasty bit of the seed (an elaiosome) irresistible. After snacking, they leave the seeds in the ground.



Photo by Margo Bors; *Scoliopus bigelovii*, fetid adder's tongue

A pair of ravens greeted us during our lunch stop at the picnic area. Post-lunch, we ambled a short distance up Armstrong Woods Road to document a site for the CNPS-listed Methuselah's beard (*Usnea longissima*), a lichen composed of very long strands. As we took down data on this site, we had the greatest surprise of the day. Beth from Sebastopol handed out delicious homemade cheesecake to the group! Wow! Thanks from Ruthie and me to everyone who made our first 2019 fieldtrip an event to remember.

🦋 Ann Howald

Events

Fairfield Osborn Preserve Hike

Sunday, March 17, 2019

10 AM to 2 PM

With Kate Symonds

We will explore the trails through oak woodlands, grasslands, riparian areas, and mixed evergreen woodlands in search of wildflowers on the 450-acre Preserve. Elevation of the preserve ranges from 1,350 to 2,300 feet nearly to the top of Sonoma Mountain. Terrain is sloping, so be prepared for up and down hill, wear sturdy shoes, and dress in layers as weather can be variable through the day, and different from the lowlands. Pace will be variable, and slower uphill than downhill. We'll stop for picnic lunch somewhere midway through the walk. Depending on what's in bloom and group interest, we may not make the summit or the lowest areas of the Preserve, but expect up to 4 miles walking.

We'll meet at 10 AM in the parking lot at Fairfield Osborn Preserve, 6543 Lichau Road, Penngrove. **Carpooling is strongly encouraged as the parking lot is small.** West county carpool leaves 9:15 from Sebastopol Luckys parking lot. Carpool from downtown Cotati (meet across from 8282 Old Redwood Highway) leaves at 9:15 (hike leader can take 3 people from downtown Cotati (call ahead to coordinate)).

Directions: To get to the Fairfield Osborn Preserve from downtown Cotati (use Google maps for directions to Cotati from elsewhere), head east on East Cotati Road for several miles, then right onto Petaluma Hill Road. The next light will be Roberts Road; turn left. When you reach Lichau Road, turn right. Follow Lichau Road (narrow winding road) nearly to the end, where you will find the sign for the Preserve. Turn right into the driveway to the Preserve parking lot. It takes approximately 25 minutes from downtown Cotati. Dogs not allowed at the Preserve. Restrooms are located close to the Preserve parking lot.

Hike leader: Kate Symonds, retired USFWS biologist, 707-318-3183

Rare Plant Monitoring

Trione-Annadel State Park

Thursday, March 21, 2019

9 AM to 4 PM

Rain date: Monday, Mar. 25, same time.

Meet by 9 a.m. at Parktrail Drive & Comfrey Place, Santa Rosa, ~ ½ mile east of Summerfield Rd. – N end of Vietnam Veterans Trail.

This trip will focus on rare plant monitoring and mapping; all attending will have the opportunity to participate. Our long walk will take us to several sub-populations of *Fritillaria liliacea* (fragrant fritillary) in the northwestern part of Trione-Annadel State Park.

Expect up to 7 miles at a moderate pace, with lengthy stops to find, count, map, and document the plants and their local ecology. Plan for lots of time off-trail, on rough, rocky, sometimes wet ground (but no direct exposure to poison-oak!). Lunch, snacks, water, sunscreen, and cameras strongly recommended. GPS receivers, clipboards, notebooks useful & optional.

Participation limited. RSVP: contact Peter Warner phytopagan@sonic.net or (707) 666-9071 or Amy Patten <mailto:apatten@cnps.org>

West county carpool: Ruthie leaving 8:30 from Lucky parking lot in Sebastopol.



Fritillaria liliacea (fragrant fritillary)
https://commons.wikimedia.org/wiki/File:Fritillaria_liliacea_2.jpg

Fitch Mountain Hike

Sunday, March 24, 2019

10 AM to 2 PM

With Kate Symonds

Fitch Mountain is a heavily forested "island" rising 991 feet in elevation with the Russian River wrapping around 3 sides of its base and the City of Healdsburg on the other side. We'll start our plant walk at the Villa Chanticleer parking area at 10 AM and we'll gradually make our way up the shady, winding fire road to the 991-foot summit, from where we can peek at views of Healdsburg, Russian River, Dry Creek, Alexander Valley, and beyond. We'll have lunch at the top. Along the way we will pass through a mixed evergreen forest of black oaks, coast live oak, madrone, Ca bay laurel, big leaf maple, Douglas fir, and pockets of second growth redwoods. We'll see a number of wildflower species scattered along the way. Rare species along that trail include the Napa false indigo (*Amorpha californica* var. *napensis*) a CNPS Rare Plant Rank 1B species. We'll also see redwood ivy, also called inside-out flower, (*Vancouveria planipetala*) and numerous other forest floor species.

There is a port-a-potty at the parking lot only. Dogs should be left at home if planning on being with the group. The trail is a wide fire road, so it's easy to avoid poison oak, but it is steep in places. Recommend sturdy shoes and hiking poles. Bring lunch and water. We'll eat lunch at the top. The hike is mostly shady. Total mileage is approximately 5 miles (half of it downhill)!

We'll meet at the lower parking lot for the Villa Chanticleer, 908 Chanticleer Way, Healdsburg, CA. Carpooling is encouraged. West county carpool leaves 9:15 from Sebastopol Lucky parking lot.

Directions: From Highway 101, take the Dry Creek exit and go east., turn right (south) on Healdsburg Avenue, turn left (east) onto Powell Avenue, turn right at Chanticleer Way (there is a large Villa Chanticleer sign), make the 1st left at the "Playground and Parking" sign, and park in the parking lot

Hike leader: Kate Symonds, retired USFWS biologist, 707-318-3183



Fitch Mountain, Healdsburg

Healdsburg Ridge Hike

Saturday, April 20, 2019

10 AM to 2 PM

With Kate Symonds

Meet at the trailhead at the end of Bridle and Arabian Way off of Parkland Farms Blvd, at the north end of Healdsburg.

The 155-acre Healdsburg Ridge Open Space Preserve is owned and managed by the City of Healdsburg. We'll walk a 3-mile loop trail that will take us through a wide variety of natural communities including wetlands, oak woodlands, serpentine grassland, chaparral, and open grasslands. We'll also take in vistas of Fitch Mountain, the Russian River and the Mayacama Mountains. Easy to moderate walking. Bring water, bag lunch, hat, sunscreen, and hand lens, if you have one.

Santa Rosa carpool: meet at the east end of the Park & Ride under Highway 12, across from the Vets' Hall and SC Fairgrounds, leaving at 9:30.

West County Carpool: meet at Lucky Sebastopol, leaving at 9:30.

Hike leader: Kate Symonds, retired USFWS biologist, 707-318-3183

Sierra Nevada Botany Course

Upper Feather River
June 23 -29 2019
Taught by Peter Warner

This introductory course explores the floristic and vegetational diversity of northern Sierra Nevada ecosystems. Course topics include identification of major vegetation types of the region, along with instruction in plant identification and general ecology. Course fees include meals and lodging – transportation is not included.

This course is not accredited nor affiliated with any educational institution. Instruction will be alternately detailed and casual, and will promote individually paced learning – no tests or grading. In addition to course content, students will be encouraged to devote time and thought to artistic expression, scientific study, or other appropriate means to communicate personal experience melded with ecological consciousness.

Participation limited. For further information contact Peter Warner phytopagan@sonic.net or (707) 666-9071.

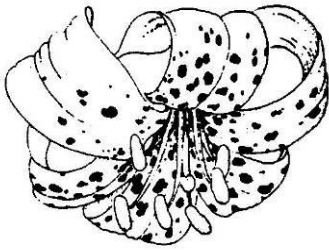


Photo courtesy of Peter Warner

Upcoming Events

3/17/19 Fairfield Osborn Preserve/ Kate Symonds
3/24/19 Fitch Mountain/ Kate Symonds
4/20/19 Healdsburg Ridge/ Kate Symonds
4/25/19 Sonoma Horticulture Nursery/ Mike Boss
4/29/19 Stump Beach/ Ann Howald
5/11/19 Mayacamas Preserve/ Michelle Cooper
TBA Jepsen Prairie/ Doug Wirtz
TBA Hood Mountain/ Peter Warner
10/5/19 SRJC Natives Landscapes/ April Owens

🦋 Ruthie Saia
Field Trip Coordinator
707-322-7462



CALIFORNIA NATIVE PLANT SOCIETY

Milo Baker Chapter milobaker.cnps.org
PO Box 892
Santa Rosa, CA 95402

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Lilium pardalinum ssp. pitkinense
Pitkin lily

Newsletter & Web Site Info:

Send newsletter submissions to:
Editor, cnpsmbnewsletter@yahoo.com
Deadline for inclusion in the April
Newsletter is March 15th.
The chapter website milobaker.cnps.org
contains a wealth of information plus
current and archived newsletters.
For newsletter mailing/membership issues,
contact: cnpsmbmembership@gmail.com

Milo Baker Chapter Officers & Board of Directors 2017/2018

President:	Wendy Smit	707-481-3765, wsmit8000@gmail.com
Past President:	Leia Giambastiani	707-322-6722, leiagia@gmail.com
Vice President:	Liz Parsons	707-833-2063, lizpar8993@aol.com
Secretary:	Kerry Wininger	707-888-5616, kerrywininger@gmail.com
Treasurer:	Jim Piercy	707-539-3441, terrapenecarolinamajor@yahoo.com
Conservation Chair:	Sean McNeil	707-480-2965, seanmcneil0@gmail.com
Cunningham Marsh:	Marcia Johnson	owlsnesttwo@att.net
Director at Large:	Penny Dalton	
Director at Large:	Cody Ender	codyender@gmail.com
Director at Large:	OPEN	
Field Trips:	Ruthie Saia	707-322-7463, ruthiegardengirl@gmail.com
Horticulture Chair:	April Owens	707-331-2070, aprilleeowens@gmail.com
Hospitality:	Becky Montgomery	707-573-0103, montyb@sonic.net
Hospitality:	Liz Parsons	707-833-2063, lizpar8993@aol.com
Invasive Plant Chair:	Jan Lochner	707-569-4724, 4lochs@comcast.net
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Newsletter Editor:	Caprice Disbrow	707-322-5119, cnpsmbnewsletter@yahoo.com
Outreach Co-Chair:	Virginia Hotz-Steenhoven,	707-528-6030 vsteenhoven@sonic.net
Plant Sale:	Liz Parsons	707-833-2063, lizpar8993@aol.com
Programs/Lectures:	Virginia Hotz-Steenhoven,	vsteenhoven@sonic.net
Plant Nursery Chair	Betty Young	707-595-1463, youngb0721@msn.com
Publicity:	OPEN	
Rincon Ridge Park:	Michelle Karle	michelle_karle@hotmail.com
Sales Chair:	Judith Rousseau	707-326-6454, jrousseau12@hotmail.com
SCCC Rep.:	Wendy Krupnick	707-544-4582, wlk@sonic.net
Southridge Preserve:	Michelle Karle	michelle_karle@hotmail.com
SRJC Rep.:	OPEN	
SSU Rep.:	OPEN	
Web Site:	Molly Levitt	cnpsmb.webadm@gmail.com
Vine Hill Preserve:	Sarah Gordon	707-833-1243, sarahpgordon@gmail.com

We invite you to join CNPS

Name _____

Address _____

City/Zip _____

Phone _____

Email _____

Chapter affiliation:

Milo Baker (Sonoma County)

Other county _____

Membership category:

Student or Limited Income..... \$25

Individual.....\$45

Family, Group or Library.....\$75

Plant Lover.....\$100

Patron.....\$300

Benefactor.....\$600

Mariposa Lily.....\$1500

New Member Renewal

Make check payable to CNPS and mail to:
CNPS, 2707 K Street, Sacramento, CA 95816

To pay by credit card or for more info call
(916) 447.2677 or visit www.cnps.org