



Pitkin Lily  
*Lilium pardalinum*  
 ssp. *pitkinense*

*California Native Plant Society*  
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**BUTTERFLIES**

**HOST AND  
 NECTAR  
 PLANTS**

**HOST/LARVAL (CATERPILLAR) PLANTS:**

<b>BOTANICAL NAME</b>	<b>COMMON NAME</b>	<b>BUTTERFLY ATTRACTED</b>
Aristolochia californica	Dutchman's pipe	Pipevine Swallowtail
Asclepias species	Milkweed	Monarch, Acmon Blue
Brassicaceae	Mustard Family	Variety of Whites, Cloudless Sulfur, Sara Orange-Tip
Carex/Festuca/Stipa/Nassella	Grasses	Calif. Ringlet, variety of Skippers, Satyrs
Ceanothus sp.	Wild Lilac	Pale Tiger Swallowtail, Brown Elfin, Calif. Hairstreak, Spring Azure (Echo blue), California Tortoiseshell, Duskywings
Lavatera & Malva species	Lavatera, Mallow	Painted Lady, West Coast Lady, Gray Hairstreak, Checkered Skipper
Lupinus sp.	Lupines	Painted Lady, variety of Blues, Common Hairstreak, Sulfurs
Mimulus sp.	Monkeyflower	Common Buckeye, Chalcedon Checkerspot
Monardella villosa	Coyote mint	Calif. Dogface, Western Tiger Swallowtail
Penstemon heterophyllus	Blue Bedder Penstemon	Common Buckeye, Chalcedon Checkerspot
Populus sp.	Aspens, Cottonwood	Mourning Cloak, Lorquin's Admiral, Tiger Swallowtail
Quercus sp.	Oaks	Calif. Sister, Calif. Hairstreak, Gray Hairstreak, Echo Blue, Mournful Duskywing
Rhamnus sp.	Coffeeberry	Pale Swallowtail, Common Hairstreak
Ribes sp.	Flowering currants	Tailed Copper, Anglewings
Salix sp.	Willows	Mourning Cloak, Lorquin's Admiral, Western Tiger Swallowtail
Spirea sp.	Spirea	Spring Azure (Echo Blue)
Symphoricarpos sp.	Snowberry	Checkerspots
Urtica sp.	Nettles	Red Admiral, Painted Lady, West Coast Lady, Anglewing
Viola sp.	Violets	Fritillary Butterflies, rare Blues
Zauschneria/Epilobium	California fuchsia	White-lined Sphinx Moth

**NECTAR PLANTS FOR ADULT BUTTERFLIES:**

<b>BOTANICAL NAME</b>	<b>COMMON NAME</b>	<b>BUTTERFLY ATTRACTED</b>
Achillea millefolium	Yarrow	Hairstreaks
Arctostaphylos species	Manzanitas	Monarch, Calif. Tortoiseshell
Asclepias sp.	Milkweed	Monarch, Acmon Blue, West Coast Lady
Baccharis sp.	Coyote bush	American Painted Lady, Acmon Blue, Buckeye
Ceanothus sp.	Ceanothus, Wild Lilac	Western Brown Elfin, Pale Swallowtail, Calif. Tortoiseshell
Clematis sp.	Clematis	Metalmarks
Erigeron sp.	Seaside daisy	Common White, Blues
Eriogonum sp.	Buckwheats	Acmon Blue, Mournful Duskywing, Tailed Copper, Green & Gray Hairstreaks, Painted Lady, Mormon Metalmark
Holodiscus sp.	Creambush/Oceanspray	Lorquin's Admiral, Pale Swallowtail
Mimulus sp.	Monkeyflowers	Common & Chalcedon Checkerspots, Buckeye
Monardella sp.	Coyote mint	Lorquin's Admiral, Calif. Dogface, Western Tiger Swallowtail, Monarch, Painted Lady, Chalcedon Checkerspot
Physocarpus capitatus	Ninebark	Variable Checkerspot, Calif. Sister
Ribes sp.	Flowering currant	Coppers
Salvia sp.	Sages	Variable Checkerspot, Calif. Dogface, Western Tiger Swallowtail, Fritillaries, Skippers, Hairstreaks, Mournful Duskywing
Sidalcea sp.	Checkerbloom	West Coast Lady, Painted Lady, Skippers
Zauschneria/Epilobium	California fuchsia	Calif. Dogface

Adult butterflies are "generalists" and will nectar on many common garden plants. Some low-water-use, non-invasive plants include:

Asters, Beardtongue/Pentemon, Calendula, Carrots, Chives, Columbine, Echinacea, Lantana, Lavender, Lilac, Marigolds, Rose, Rosemary, Scabiosa, Stachys/Hedge Nettle, Statice, Verbena, Wallflowers, Zinnia

Information compiled from:

Santa Margarita Nursery's Butterfly fact sheet, 2012

Native Here Nursery's Butterfly fact sheet, 2005

North American Butterfly Association handout, 2002

Master Gardener's "Butterfly Larval Plants" handout

"Western Butterflies", book by Opler and Wright, 1999

Mostly Natives Nursery, Tomales, Butterfly Planting Guide